



**INSPICE ET FAC:
IN THE HEART OF THE WORLD WITH THE JOY OF THE GOSPEL**

Lord Jesus, we entrust ourselves to Your goodness
and we ask You to help us to live, as Lay Canossian Family,
the golden rule which St. Magdalene of Canossa gave us:
“Inspice et fac secundum exemplar”
Look and act like your Model.

We look to You, the Greatest Love,
we take You as our Model of life,
we ask You not only to look at You,
but also to be able to love and serve all people
with the same love that we receive from You.

We, women and men, who share the Canossian charism,
we ask You the courage and the strength
to live a life in the evangelical simplicity,
in the heart of the world with the joy of the Gospel.

Grant us always Your joy,
make our love always shine with contentment,
obtain for us the passion for God’s Kingdom,
so that the joy of the Gospel may reach the ends of the earth,
and its light may shine on everyone,
in particular on the poor, the sick, the least, the marginalized,
starting from those of our own family.

Help us to go forth and live in the peripheries,
where the dust of the roads soils our feet,
where life is realized in our daily relationships,
in our ordinary situations.
Let us not close our eyes even in the most difficult events.
Grant us a heart able to love and serve with mercy.

May our gestures be signs
of God’s tenderness and power.

May our way of living charity, as the Lay Canossian Family,
be characterized by simplicity, devotion and respect.
Make us able to discern how to live real charity,
which is patient, docile, meek and gentle.

Mary, Mother of Charity at the foot of the Cross,
help us to grow as sons and daughters loved by God,
teach us how to serve the Lord with joy,
to give not only our care and attention to our brothers and sisters,
but even our hearts.

Saint Magdalene of Canossa, Saint Josephine Bakhita,
pray for us. Amen.

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